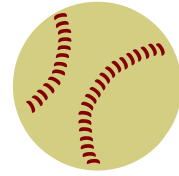


LEMONT PARK DISTRICT

WINTER/SPRING, 2012

www.lemontparkdistrict.org



Fast Pitch 12” Softball Clinics (Ages 7-14)

Core–Gym 3

Mn6/Mx30

These clinics focus on essential individual aspects of the game including pitching, catching, hitting, bunting, fielding, throwing and running. Special attention will be given to the development of self-esteem and confidence by using positive reinforcement and introducing appropriate role models. Concentrates on advanced individual and team skills. These clinics will cover proper warm-up, steals, base running, hitting and all aspects of the game.

Pitching & Catching Clinic

Class#	Date	Day	Time	R	NR
320101-A1	2/25-3/31	Sa	12-1 pm	\$50	\$70

Hitting & Bunting Clinic

Class#	Date	Day	Time	R	NR
320101-A2	2/25-3/31	Sa	1-2 pm	\$50	\$70

Defense/Infield Clinic

Class#	Date	Day	Time	R	NR
320101-A3	2/25-3/31	Sa	2-3 pm	\$50	\$70

ALL 3 clinics

Class#	Date	Day	Time	R	NR
320101-A4	2/25-3/31	Sa	12-3 pm	\$110	\$160

Instructors: Rockers Fast Pitch Coaches

Note: Student to instructor ratio will be 10:1 or less. Weather permitted we will be outside, so have your spikes and sliding pad handy.